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ABSTRACT

This book guides teachers in using physical activity to foster personal and social responsibility. Focusing on teaching in school settings, the book features comments from real students to motivate teachers to apply the concept; take-aways that summarize each chapter and help teachers consider their own situations; new chapters on the lesson plan structure; information on how to integrate responsibility into physical activity lessons; strategies for specific problems that arise in class; and guidelines for assessment of responsibility. The ten chapters focus on: (1) "What's Worth Doing?"; (2) "Themes for Teaching Personal and Social Responsibility"; (3) "Levels of Responsibility"; (4) "Lesson Plan"; (5) "Integrating Responsibility with Physical Activity Content"; (6) "Strategies for Specific Problems and Situations"; (7) "Teacher-Student Relationship"; (8) "Assessment"; (9) "Getting Started"; and (10) "Programs to Supplement In-School Physical Education." (Contains 22 references.) (SM)

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